

Careers Bulletin

April 2019

Hello, and welcome to the Careers Bulletin for Totton College. An opportunity to find out about careers related events and useful websites.

Careers conference presentations

I recently attended a careers conference which had several interesting presentations about the world of work. These presentations can be found at:

<https://www.ebpsouth.co.uk/News/careers-conference-right-here-right-now>

HE info

Hampshire higher education exhibition

2 May 2019, University of Winchester, Winchester

<https://www.ucas.com/node/339521/view/exhibit>

Dorset higher education exhibition

24 April 2019, Bournemouth University, Poole

<https://www.ucas.com/events/dorset-higher-education-exhibition-339481>

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When: Friday 3rd May 2019 10am-1pm

Where: Solent Conference Centre, SO14 0YN

**NO REGISTRATION
REQUIRED** **HUNDREDS OF
JOBS AVAILABLE** **10AM - 1PM**

SOUTHAMPTON JOBS FAIR

OVER 20 EXHIBITORS ON THE DAY!

**FRIDAY 3RD
MAY 2019** **SOLENT CONFERENCE
CENTRE, SO14 0YN**

**VARIOUS SECTORS AND INDUSTRIES
RECRUITING ON THE DAY**

FREE TO ATTEND **Jobs fair** **FREE TO ATTEND**

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The Careers and Apprenticeship Show



14th
May

**St Mary's
Stadium**

St Mary's Stadium will be the venue for The Careers and Apprenticeship Show. This exciting event brings together a range of employers who will be showcasing careers and apprenticeships opportunities for young people. The event will have a focus on opportunities with pathways through level three to higher and degree apprenticeship level.

The Careers and Apprenticeship Show will be open to:

Schools from
9.00am - 2.00pm

College Students
2.00pm - 4.00pm

**Wider Community &
Parent / Carers**
5.00pm - 7.00pm



The Careers and Apprenticeship Show



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New Forest

Organised by **ebp**
south

Inspire your students at Get Inspired New Forest

Thursday 27th June 2019
Beulieu, New Forest
9.30am - 3pm

Free Entry

About

EBP South is pleased to announce we are bringing the hugely successful Get Inspired to the New Forest.

Get Inspired New Forest is an interactive day that inspires young people to consider areas of work they may never have thought of, and which helps them to understand how they might get there. We advise students attend for an 1 1/2 hours to 2 hours.

Through interactive activities students gain a real understanding of the broad and exciting career paths that the diverse businesses in and around the New Forest.

It will inspire the students and their teachers about local firms, employment, future career choices and opportunities with businesses. Schools attending the event will be meeting the Gatsby Benchmarks 2, 4, 5 & 7.

By attending Get Inspired New Forest you can purchase discounted tickets to visit Beulieu which includes the National Motor Museum, Palace House and the grounds and gardens.

Book Your FREE Places

For bookings contact Suzanne Lewis;
slewis@ebpsouth.co.uk or 02392 283443

Get Inspired New Forest Sponsors & Supporters

This event is free to schools and businesses to attend, this wouldn't be possible without our amazing sponsors and supporters.



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Top 10 employability skills



KEY

HOW YOU WORK

HOW YOU WORK WITH OTHERS

HOW YOU THINK

SHOW ALL



1

USING INITIATIVE AND BEING SELF-MOTIVATED

- follow instructions, making sure you do not always have to be told what to do and when
- put forward your own ideas
- see something through to the end, and not be put off by setbacks

HOW I CAN DEVELOP THESE SKILLS:

- finish work without being asked
- work without help – but know when to ask for it
- suggest new ideas



2

ORGANISATIONAL SKILLS

- plan your work to meet deadlines and targets
- organise your own time and coordinate with others
- monitor and adjust the progress of your work to stay on track

HOW I CAN DEVELOP THESE SKILLS:

- help organise an event or project
- plan your revision timetable
- calmly change plans if you run out of time, or something unexpected happens

4

ABILITY TO LEARN AND ADAPT

- learn new things
- learn from successes and failures
- adapt and do things better

HOW I CAN DEVELOP THESE SKILLS:

- think how to make your work even better
- put yourself forward when there are chances to learn new skills
- share your ideas and use feedback to improve your work



3

WORKING UNDER PRESSURE AND TO DEADLINES

- meet deadlines and targets
- handle the pressure that comes with meeting deadlines and targets
- ensure that you are seen as a reliable person

HOW I CAN DEVELOP THESE SKILLS:

- finish work before the deadline, using that time to check and improve it
- plan and make the most of available time
- prioritise your commitments inside and outside school or college

8

VALUING DIVERSITY AND DIFFERENCE

- respect others
- value the skills and experience that different people have
- show consideration for the needs of different people

HOW I CAN DEVELOP THESE SKILLS:

- work with people who have different skills
- make sure everyone is involved in conversations and activities

5

COMMUNICATION AND INTERPERSONAL SKILLS

- explain and present what you mean clearly, whether written or verbal
- do your best to understand others

HOW I CAN DEVELOP THESE SKILLS:

- do a presentation or speak with an audience
- take part in debates
- give instructions to others



9

PROBLEM SOLVING SKILLS

- identify key issues in a problem
- use your knowledge and experience when tackling problems
- develop and test possible solutions

HOW I CAN DEVELOP THESE SKILLS:

- design objects and materials in design and technology
- plan a STEM Club project
- analyse results in maths or science
- evaluate evidence in science or humanities



7

NEGOTIATION SKILLS

- think about what you and others want and need
- 'give and take' fairly when working with others

HOW I CAN DEVELOP THESE SKILLS:

- look for ideas that benefit others as well as yourself
- carry out a school/college enterprise or STEM project that involves agreeing prices
- ask a favour of someone, supported by offering something in return

6

TEAMWORK

- understand how you and others work best together
- get things done when working with people with different skills, backgrounds and personalities

HOW I CAN DEVELOP THESE SKILLS:

- plan ahead when working with others
- take account of how your team are feeling when you work together



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APPRENTICESHIP VACANCIES

Employer	Location	Weekly Wage	Qualification
Southampton Freight Services	Totton	£182.25	Business Administration
AMI Marine	Southampton	£233 - £297	Business Administration
ICE Clean	Totton	£168 - £225	Business Administration
HS Butyl	Lymington	£262 - £281	Business Administration
HR Pro Consulting	Totton	£146.25	Business Administration
HPW Architecture Ltd	Totton	£187.50	Business Administration
First Call Gp Ltd	Winchester	£195.30	Business Administration
Yo Telecom	Southampton	£200	Customer Service
Your Lead Machine	Millbrook	£220	Customer Service
A R Pharmacy	Totton	£162	Customer Service
Pure IT	Swaythling	£220	IT, Software, Web & Telecoms
Hants Healthcare (Domiciliary)	Hythe	£220	Adult Care
Oakhaven Care (Domiciliary)	New Forest	£240	Adult Care
Minstead Trust (Support)	Lyndhurst	£146 - £309	Adult Care

For more information:

Call: **07483 030 179** to speak to our Apprenticeship Recruitment Officer.

Visit: <https://www.totton.ac.uk/apprenticeship-vacancies>

CVs can be sent to: apprenticeships@totton.ac.uk



#BeWhoYouWantToBe

#FireItUp



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Solent LEP Careers Hub



Information about current local Careers initiatives can be found at the Solent East Careers Hub. There is soon to be a Solent West Careers Hub.

<https://www.solentgrowthhub.co.uk/solent-east-careers-hub/>

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Fairbridge - *but Reloaded!*



YOUTH
CAN
DO IT



Starts – 29th April 2019, Solent Centre, Southampton High Street, S014 2NS

Are you 16-25 and short of **confidence**? Lacking in **motivation**? Finding it hard to make friends?
or **stuck in a rut**?

Then come along and find out whether **Fairbridge Reloaded** can help you learn more about yourself
and work to develop the skills to **live, learn and earn**.

Our programme will give you the chance to:-

Build resilience, gain confidence, work as part of a team, get into a routine, set & achieve goals, understand how you can manage your feelings, cope with change, build up your motivation and plan for your future.

You will have a chance to take part in a range of activities and group based sessions on an **individually tailored journey** through the programme.

Starting with an informal information session to help us learn more about you will then have the chance to take part in a week of sessions and activities including **Team Games, Low Ropes, Outdoor Cooking, Conservation and Bushcraft**

This is then followed by **1:1 support** and sessions to help you work on your goals. You will also have a chance to take part in a residential towards the end of your journey.

Interested? Phone 0800 842842 or email solentoutreach@princes-trust.org.uk



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